

COOKIE POLICY

WHAT ARE COOKIES?

- 1.1 As is common practice with many websites, this site uses cookies, which are small files that are downloaded to your computer, to improve your experience. This page describes what information they gather, how we use it and why we sometimes need to store these cookies. We will also share how you can prevent these cookies from being stored however this may downgrade or 'break' certain elements of the site's functionality.
- 1.2 For more general information on cookies, please see the Wikipedia article on [HTTP Cookies](#).

2 How We Use Cookies

- 2.1 We use cookies for the reasons detailed below.

3 Disabling Cookies

- 3.1 You can prevent the setting of cookies by adjusting the settings on your browser (see your browser Help for how to do this). Please be aware that disabling cookies may affect the functionality of this and other websites that you visit. For this reason, it is not recommended that you disable cookies if you are unsure whether you need them or not.

4 The Cookies We Set

- 4.1 Account-related cookies
 - (i) If you create an account with us, then we will use cookies for the management of the signup process and general administration. These cookies will usually be deleted when you log out however in some cases, they may remain afterwards to remember your site preferences when logged out.
- 4.2 Login-related cookies
 - (ii) We use cookies when you are logged in so that we can remember this fact. This prevents you from having to log in every time you visit a new page. These cookies are typically removed or cleared when you log out to ensure that you can only access restricted features and areas when logged in.

5 Email and newsletters related cookies

- 5.1 This site may offer newsletters; therefore, cookies may be used to remember if you are already registered and whether to show certain notifications which might only be valid to subscribed/unsubscribed users.

6 Surveys-related cookies

- 6.1 From time to time we offer user surveys and questionnaires to provide you with insights or tools, or to allow us to understand our users more accurately. These surveys may use cookies to remember who has already taken part in a survey or to provide you with accurate results after you change pages.

7 Forms-related cookies

- 7.1 When you submit data through a form, cookies may be set to remember your user details for future correspondence.

8 Site preferences cookies

- 8.1 In order to optimise your experience on this site we provide the functionality to set your preferences for how this site runs when you use it. In order to remember your preferences, we need to set cookies so that this information can be called whenever you interact with a page is affected by your preferences.

9 Third Party Cookies

- 9.1 In some cases, we also use cookies provided by trusted third parties.
- 9.2 This site uses Google Analytics which is one of the most widespread analytics solutions on the web. Google Analytics helps us to understand how you use the site and ways that we can improve your experience. These cookies may track data such as how long you spend on the site and the pages that you visit so we can continue to produce engaging content.
- 9.3 For more information on Google Analytics cookies, please see the [official Google Analytics page](#).

10 More Information

- 10.1 If you require further information, then please contact us at policies@capit.co.uk.
- 10.2 For more information regarding online policies in general, please visit www.youronlinechoices.eu.